

# Jace Downey

Speaker | Facilitator | Host

Since 2015, Jace Downey has been shaking up the conversation on addiction, trauma, and resilience with her infectious energy and genuine approach. With features onscreen, online, and in print, Jace is recognized nationally as a trailblazer in dismantling stigma around sex addiction and uplifting holistic recovery.

Her YouTube channel, a vibrant space for vulnerable conversations, has amassed over 4.5+ million views and over 22,000 subscribers, a testament to her unwavering dedication to authenticity.

Known for her insightful and engaging speaking style, Jace effortlessly blends humor, sincerity, and compassion to captivate audiences. She is known for her warm-hearted candidness and ability to lead others into their scariest places with a sense of calm, courage and confidence.

Jace cohosts “Stories, Success & Stuff” a weekly podcast about shifting paths, stumbling to success and creating a life you can fall in love with.

Jace Downey is not just a speaker; she's a renegade for radical self-love, encouraging others to embrace their stories and create their own boldly satisfying lives.



## Contact Jace

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**22K**  
Followers

**4.5M**  
Views

**152K**  
Hours Watched

A few places Jace  
has been featured



FLURT



## What others are saying!

Jace is a pioneer truth teller!

- Staci Sprout, Author - Naked in Public

Working with Jace made my job easier as the orchestrator of our event. She's a professional in the industry and was an invaluable voice in refining the event's speakers and topics. We definitely owe our success to her!

- Peter Zaleski, Informing Catholic Families

Jace Downey is such a engaging and dynamic speaker! She presented at our WOMEN Inspired Entrepreneurs event. Her keynote presentation was educational and eye opening..

- Michelle Johnson, CEO - Blooming Your Social.

Jace is like if the Buddha did standup!

- Matt Lemke, Owner - Lemke Productions

From the very beginning, Jace took her audience to a very real and truthful place about their relationship with phones, computers and social media! Jace managed to make a difficult and controversial topic fun and light.

- Wendy Irwin, Owner - Coaching & Prespicacity

Jace is an incredibly forward thinking individual, committed to helping others help themselves. She has a very charismatic cadence and genuine style that allows her to reach people of all sorts.

- Bijan Rahnamai, Engineer - Q2 Banking